

# Monthly Menu

**100% Yummy**  
**100% Delicious**  
**100% Natural**



February 2026

Su n	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Black Bean and Mushroom Quesadillas with Side Salad	3	4 Miso Chicken with Garlic Noodles	5	6 Homemade Hamburger Helper	7
8	9 Apricot Salmon with Roasted Potatoes	10	11 Chicken Fried Chicken with Mashed Potatoes	12	13 Marry Me Chicken with Pasta (Chicken in a Sun-Dried Tomato Cream Sauce)	14 Happy Valentine's Day!!!
15	16 X President's Day	17 Cauliflower Parmesan with Spaghetti	18 Chicken Soup Inspired Pasta	19 Beef Fried Rice	20 X	21
22	23 Spinach and Artichoke Macaroni and Cheese	24	25 BBQ Chicken Stuffed Baked Potatoes	26	27 Maple Mustard Glazed Meatloaf with Mashed Potatoes	28

**A delivery charge may be  
added due to distance.**

Menus are subject to change due to  
product availability or chefs  
inspiration.

**Chef Sydney Berman**  
[www.SydsYummyStuff.com](http://www.SydsYummyStuff.com)

**All Meals are \$20.**

Please give 24 hours notice for orders and  
cancellations.

Meals ordered or canceled for same day delivery will be  
handled on a case-by-case basis; additional fees may  
apply.

**Have a sweet tooth?  
Ask us about our  
homemade cookies!!!**

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